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which won't," she says of her NYC-based Virtuoso travel advisor, Charles Schmitt. "It saves me a lot of guessing and legwork."

I DON'T LEAVE HOME WITHOUT:

USY NEW YORK CITY CHEF and restaurant owner Melissa

O'Donnell travels to unwind and

get inspiration for her 32-seat Lower East Side spot, Thelma on Clinton,

a Michelin Bib Gourmand selection (the in-

stitution's recognition for more moderately priced operations). Her abiding love of Mex-

ico began years ago with a trip to San Miguel

de Allende, where she studied Spanish

and ceramics. Other favorite destinations

include Dublin, Barcelona, and Montauk. O'Donnell often travels solo: "It's a great way to meet people while also getting the space

that I need to clear my head," she says. She seeks out small neighborhood restaurants, street food, and great scuba diving. Her style: Get some help with the planning, then pack a bag and go. "Having someone in the know is very handy in allowing me to figure out which destinations will work for me, and

1. My utilitarian black tote.

2. A solid-color J.Crew bikini and my PADI diving card - I have to be by the water at some point!

3. Music: Right now, old-school Stevie Wonder and the Velvet Underground, plus the Black

Keys and Belle

and Sebastian.

4. Afghan brass beads that I wear as a bracelet or necklace.

 $oldsymbol{5}$. Warby Parker reading glasses.





TRAVEL SSENTIALS

Chef Melissa O'Donnell travels for immersion and relaxation. PORTRAIT BY JESSICA ANTOLA

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